



BLUE EAGLE BYTES:

NURTURING THE FUTURE WITH TECH

Issue 1: October 2023

Dear NASD Families:

We are excited to introduce you to the first edition of "BLUE EAGLE BYTES: Nurturing the Future with Tech," a newsletter dedicated to helping parents navigate the digital world safely and responsibly. In this newsletter, you'll find valuable information, tips, and resources to promote good digital citizenship.

Sincerely,

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Technology Integration Specialists



What is Digital Citizenship?

Digital citizenship means using technology and the internet responsibly, respectfully, and safely. It's about understanding the impact of your actions online and making choices that contribute positively to the digital world. Just like being a good citizen in your community, being a good digital citizen is essential for creating a positive and safe online environment for everyone.

Resources for Parents

- **Common Sense Media** (www.commonsensemedia.org) provides reviews and guidance on age-appropriate content for kids.
- **Family Online Safety Institute** (www.fosi.org) offers resources and advice for families navigating the digital world.

What's Up with that App?

Big Universe is an eLibrary with over 26,000 leveled books available to our K-4 students. Students have access 24/7 to this school-purchased app. Student's login through Clever. The username is their ID# and password. The group username is nasdpa. Count these books towards the Reading Challenge!



How to Control Screen Time on the iPad

As a parent, you might wonder what apps and games are age-appropriate for your child. How you can help your child enjoy technology and media in a safe way? Here are some thoughts on creating a smart, safe, and balanced user of technology.

- Establish expectations by developing and enforcing media and device plans.
- Select and use age-appropriate media (games, apps, videos, books, and other media types) visit sites such as [Common Sense Media](#) for great ratings and information
- As a parent--set limits by defining the time, location, and apps/sites they can use.
- Support your child's technology use by using it with them.

Online Safety Tips for Kids

- **Never share personal information like your full name, address, phone number, or school online.**
- **Use strong and unique passwords for each of your online accounts.**
- **Ask your parents' permission before downloading apps or games.**
- **Be cautious when clicking on links or opening email attachments, especially if they're from people you don't know.**
- **If something makes you uncomfortable online, talk to a trusted adult about it.**

iPad Care

- **iPad in a Backpack**
 - **Don't throw a book bag that contains an iPad.**
 - **Books and hard surfaces can crack the screen.**
 - **Do not put water/liquid bottles in a book bag where books and iPads may be.**
- **Clean the iPad**
 - **Be careful of power and earphone ports if using a wipe.**
 - **Do not put any stickers on the iPad or case.**
- **Shut down the iPad at least once a week.**
 - **Turn back on after shutdown in order to receive updates**
 - **Make sure to charge the iPad each evening.**

LET US KNOW!

We want to make sure to cover important information and questions about technology and your child in this newsletter.

Please provide any suggestions or feedback on this [Google Form](#) or scan the QR code below.

