

K-3 Physical Education

Grade 3 Physical Education

Grade 3 physical education is geared towards each student learning, exercising, and having a fun experience while in a sports setting. Students will be asked to perform skills in an individual and group setting. Basic game activities will be used to help enhance their skill level.

By the end of 3rd grade, students will be able to:

Team Skills:

- Use teamwork and cooperation during team activities
- Continue to display good sportsmanship and learn to respect all individuals at all skill levels



Manipulative Skills and Game Skills:

- Perform the skill of throwing and catching in a game setting
- Perform hand-eye/foot-eye skills in a game setting
- Perform striking skills in a game setting

Fitness

- Understand that sports and physical activity provide a healthy benefit in their life
- Participate in a variety of sports and physical activities