

Daily Symptom Monitoring

Please complete this checklist on a daily basis with your child to monitor for symptoms of COVID-19.

Has your child recently been exposed to anyone with a confirmed case of COVID-19?

If yes, please call the School Nurse for specific guidance. The student should stay home from school UNLESS:

- The student is fully vaccinated and does not have symptoms.
- The student was previously diagnosed with COVID-19 within the last 3 months and does not have symptoms
- The student tested positive for COVID-19 antibodies within the last 3 months and does not have symptoms

If a student does not meet any of the above criteria, the student can return to school 10 days after the last time that they had close contact with someone diagnosed with COVID-19 if no symptoms were reported during daily monitoring. If the student is tested and receives a negative test result, quarantine can end after day 7 if the test was done on or after day 5 and if no symptoms were reported during daily monitoring.

<p>Column A</p> <p>If you checked 1 or more symptoms, student should stay home from school</p>	<p>Column B</p> <p>If you checked 2 or more symptoms, student should stay home from school</p>
<p><input type="checkbox"/> Fever (100°F or higher)</p> <p><input type="checkbox"/> Cough</p> <p><input type="checkbox"/> Shortness of breath</p> <p><input type="checkbox"/> Difficulty breathing</p> <p><input type="checkbox"/> Nausea or vomiting</p> <p><input type="checkbox"/> Diarrhea</p> <p><input type="checkbox"/> Lack of smell or taste (without congestion)</p>	<p><input type="checkbox"/> Sore throat</p> <p><input type="checkbox"/> Chills</p> <p><input type="checkbox"/> Muscle pain</p> <p><input type="checkbox"/> Headache</p> <p><input type="checkbox"/> Congestion or runny nose</p> <p><input type="checkbox"/> Fatigue</p>