

# May 2025

## Nazareth Middle and High School Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

### Did you know?

Blue jeans were official invented in May of 1873 after Levi Strauss and Jacob Davis obtained a patent for the pants on May 20th.

Cereal Bowl  
And  
Milk

5

Whole Grain  
Chocolate  
Muffin

6

Assorted  
Bagels  
Cream Cheese

7

Whole Grain  
Banana  
Bread Slice

1

Assorted  
Whole Grain  
Donuts

2

Cereal Bowl  
And  
Milk

12

Whole Grain  
Blueberry  
Muffin

13

Assorted  
Bagels  
Cream Cheese

14

Whole Grain  
Banana  
Bread Slice

15

Early  
Dismissal  
No Breakfast  
Served

16

Cereal Bowl  
And  
Milk

19

No School  
Election  
Day



20

Assorted  
Bagels  
Cream Cheese

21

Mini  
Cinnamon  
Roll

22

Assorted  
Whole Grain  
Donuts

23

No School  
Memorial  
Day



26

Whole Grain  
Banana  
Muffin

27

Assorted  
Bagels  
Cream Cheese

28

Whole Grain  
Banana  
Bread Slice

29

Assorted  
Whole Grain  
Donuts

30

### Rise and Shine Breakfast

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Breakfast meals will NOT be served on 2-hour delay days or scheduled early dismissals.

**Breakfast meals are at no cost.**

#### Offered Daily:

Whole Grain Donuts, Nutrigrain Bars, Poptarts, Muffins, Donut Sticks, Benefit Breakfast Bars, Cereal Banana Bread and Fresh Fruit

Assorted 100% fruit juice, assorted canned fruit, apples, raisins, mixed fruit cup, peach cup, pear cup daily.

Breakfast consists of four components (4 items):

A grain or protein, fruit, vegetables and milk.

Students must take 3 of the 4 components to make a meal complete.

At least one component must be a fruit or vegetable.

Menu is Subject to Change.