

February 2025

Nazareth Middle and High School Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Bowl Milk 3	Whole Grain Chocolate Muffin 4	Assorted Bagels Cream Cheese 5	Mini Cinnamon Rolls 6	Donut Dunkin Stick 7
Cereal Bowl Milk 10	Whole Grain Banana Muffin 11	Assorted Bagels Cream Cheese 12	Whole Grain Banana Bread Slice 13	Assorted Whole Grain Donuts 14
President's Day 17 	Whole Grain Blueberry Muffin 18	Assorted Bagels Cream Cheese 19	Mini Cinnamon Rolls 20	Assorted Whole Grain Donuts 21
Cereal Bowl Milk 24	Whole Grain Chocolate Muffin 25	Assorted Bagels Cream Cheese 26	Whole Grain Banana Bread Slice 27	Assorted Whole Grain Donuts 28

Rise and Shine Breakfast Rise and Shine Breakfast

Breakfast meals will NOT be served on 2-hour delay days.
Breakfast meals are at no cost.

Offered Daily:
Whole Grain Donuts, Nutrigrain Bars, Poptarts, Muffins, Donut Sticks, Benefit Breakfast Bars, Cereal Banana Bread and Fresh Fruit
Assorted 100% fruit juice, assorted canned fruit, apples, raisins, mixed fruit cup, peach cup, pear cup daily.
Breakfast consists of four components (4 items):

A grain or protein, fruit, vegetables and milk.
Students must take 3 of the 4 components to make a meal complete.
At least one component must be a fruit or vegetable.
Menu is Subject to Change.

Did you know?

February 12th is Abraham Lincoln's birthday. The 16th president of the United States was born in a one-room, 16x18-foot, log cabin with a dirt floor.