











Meal Price: \$3.05  
 Reduced Meal Price: \$.40

# Nazareth Area High School December, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> No School Fall Break 	<b>3</b> Wagon Wheel Burger with Bacon Oven Baked Fries Broccoli Florets	<b>4</b> Mini Ravioli Dinner Roll Green Beans	<b>5</b> Popcorn Chicken Bowl Day!	<b>6</b> Garlic French Bread Pizza Marinara Sauce Romaine Salad
<b>9</b> French Toast Sticks Sausage Tater Tots	<b>10</b> Chicken Fajita Steamed Rice Salsa	<b>11</b> General Tso Chicken Broccoli Florets	<b>12</b> Walking Taco Day	<b>13</b> Cheese Filled Bread Sticks Marinara Sauce Green Beans
<b>16</b> Philadelphia Cheese Steak Curly Fries Steamed Peas	<b>17</b> Chicken Fries Buttered Noodles Mixed Vegetable Blend	<b>18</b> Hot Dog Bar Vegetarian Baked Beans Holiday Jell-O	<b>19</b> Nocho Grande With all the Fixings	<b>20</b> Early Dismissal  No Lunch Served
<b>23</b> No School Winter Break 	<b>24</b> No School Winter Break 	<b>25</b> No School Happiest of Holidays 	<b>26</b> No School Winter Break 	<b>27</b> No School Winter Break 
<b>30</b> No School Winter Break 	<b>31</b> No School Winter Break 			

### FRESH SALAD BAR

Salad Bar Fixings: Lettuce, Spinach, Romaine, Grape Tomatoes, Cucumbers, Shredded Carrots, Red Onions, Green Peppers, Sliced Black Olives, Red Beets, Garbanzo Beans, Popcorn Chicken, Diced Ham, Hard Boiled Eggs, Shredded Cheese, and Croutons.

#### VARIETY OF LOW FAT DRESSINGS!!!!

Offerings: Fresh Fruit-Apples, Oranges, Bananas, Canned Fruit, Tossed Salad-with or without Garbanzo Beans, Baby Carrots, 100% Fruit Juice, Fruit Juice Slushies, Milk-1%, Skim, Fat Free Chocolate and Strawberry.



#### PIZZA PARADISE

**MONDAY** – Cheese or Pepperoni  
**TUESDAY** – Cheese or Bacon  
 Chicken Ranch  
**WEDNESDAY** – Cheese or  
 Supreme  
**THURSDAY** – Cheese or  
 Taco  
**FRIDAY** – Cheese or Buffalo  
 Chicken

#### PASTA BAR

Tuesday/Thursday  
**TUESDAY**- Spaghetti/Meatballs  
**THURSDAY**-Chicken Parm w/Pasta  
**MEXICAN BAR**  
 Monday/Wednesday/Friday  
**MONDAY**-Nacho Grande  
**WEDNESDAY**-Taco Bar  
**FRIDAY**-Chicken Quesadilla Pizza  
 \*See Daily Wrap Choices →

#### BLUE EAGLE GRILL Offered Daily:

Cheeseburger, Chicken Patty, Spicy  
 Chicken Patty, Grilled Chicken/Bacon  
**BLUE EAGLE DELI Offered Daily:**  
 Made to order Paninis, Hoagies,  
 Sandwiches,  
 Wraps-Grilled Vegetable Wrap  
**MONDAY** - Fajita Chicken Wrap  
**TUESDAY** - Southwest Steak Wrap  
**WEDNESDAY** - Buffalo Chicken Wrap  
**THURSDAY** - Chicken Ranch Wrap  
**FRIDAY** - Cheesy Mexican Wrap

USDA and this institution are equal opportunity providers. Menu subject to change.